

HYDE COUNTY HOTLINE, INC.

We are committed to promoting dignity, respect and safety at home resulting in safer community.



April 2017

Visit us at: Website: HydeCounty-Hotline.org
Facebook: [Hyde County Hotline](https://www.facebook.com/HydeCountyHotline)



NO MORE
TOGETHER WE CAN END
DOMESTIC VIOLENCE & SEXUAL ASSAULT

*12.7 million people, are physically abused, raped, or stalked by their partners in one year – That's approximately the population of New York City and Los Angeles combined.
That's 24 people every minute*

Because it's SOMEONE you know-

What is Sexual Harassment?

Sexual violence doesn't always include physical contact. Sexual harassment is a form of sexual violence.

- ***When someone talks about sex, gestures or touches another person in a sexual way that makes the other person uncomfortable, it is sexual harassment.***
- ***The harasser is often someone with power, such as a teacher, or a boss.***

Sexual harassment can include:

- ***Comments about your body, clothes or gender***
- ***Jokes, teasing, insulting sounds or obscene gestures***
- ***Hints or threats that you will lose your job, get a bad grade, etc., if you don't have sex with the harasser***
- ***staring at your body***
- ***Touching pinching or brushing up against your body.***

IF you know what to look for, you can learn ways to reduce your risk.

We open our Hearts so freely

We open our hearts so freely,
We surrender our all,
But when the bruises show,
We pretend it's just a fall.

We allow it to continue,
Each and every day,
We scream silent cries for help,
But no one hears, no one sees, no one say.

Even when we wince in pain,
We think it could get better,
Deep down we know it can't,
To them we do not matter.

Each and every day we live in fear,
Could this be our last?
In front of others we joke and laugh,
As not to show our past.

We allow ourselves to be bullied,
In every abusive way, it happens in every shape and form,
Day after day after day.

We fear in life we fear in death,
But which of the two evils are better,
We are tormented in both,
So it doesn't really matter.

All I want is to love and be loved,
Is that too much to ask?
But every time I find it,
It becomes an impossible task.

I look all around me,
And I see it all there,
Couples so much in love,
It's more than I can bare.

I feel so alone,
Altho' friends are all around,
I open my mouth to tell them,
But nothing comes out, not a sound.

Never used to have this trouble,
Of sayin' what needed to be said,
Perhaps this man has changed me,
By the living in fear an' dread.

hiddenhurt



Effects of Child Abuse and Neglect

Every child has a right to a safe childhood and a life free from violence. The experience of child abuse and neglect infringe upon that right.

The effects of abuse affect each child differently. While the effects of abuse can be severe and long-lasting, children who have been abused or exposed to violence can and do go on to have healthy and productive childhoods and adult lives. Children are resilient, and being able to discuss and guide our children through a recovery process is crucial to their success. It is often the first step towards healing. In most cases, once their safety is assured,

children can overcome the effects of trauma through professional counseling or other supportive interventions. READ

MORE: [Effects of Child Abuse and Neglect/Joyful Heart Foundation](#)

CYCLE OF VIOLENCE



What is the cycle of Violence?

In many violent relationships, the same things may happen over and over.

Not all relationships follow this “cycle of violence.” But many go through these 3 stages.

1. Tension –Building

No matter what you do, you can’t please your partner. Your partner may shout, blame, criticize, threaten, call you names or refuse to speak to you.

2. Explosion

The explosion can be verbal, physical and/or sexual (rape). The batterer may scream, yell, shove, slap, hit, punch, kick, break things, or even use weapons to frighten and control you.

3. “I’m Sorry”

After the explosion, batterers may promise it will never happen again. Some may cry or bring you flowers and gifts. Some may threaten to kill themselves or you, if you leave.

Things may be calm for a while. Then the cycle begins again. (Read More: hydecountry-hotline.org/cycle-of-violence)



Mandatory Reporting Requirements in North Carolina

Q: Who has a duty to report?

A: A private person generally has no obligation to report evidence of a crime. There may be strong practical and moral reasons to report a crime, but that's not the same as a legal duty. However, there are certain situations in which NC citizens have a legal duty to report:

Everyone has a duty to report in cases where there is suspected:

- Child abuse and/or neglect by a parent, guardian, custodian or caretaker. [1](#)
- Abuse, neglect or exploitation of a disabled or elder adult by their caretaker. [2](#)
- Physicians and Hospitals must report to law enforcement certain kinds of wounds, injuries or illnesses. [3](#)
- School Principals must report immediately to law enforcement when he or she has personal or actual knowledge that an act has occurred on school property involving certain offenses. [4](#)
- Photo processors or computer technicians who, within the scope of their employment, come across images of a minor (or one who reasonably appears to be a minor) engaging in sexual activity. [5](#)

Read More: http://www.nccasa.org/Mandatory_Reporting

“Why Don’t They Just Leave?”



People who have never been abused often wonder why a person wouldn’t just leave an abusive relationship. They don’t understand that leaving can be more complicated than it seems.

Leaving is often the most dangerous time for a victim of abuse, because [abuse is about power and control](#). When a victim leaves, they are taking control and threatening the abusive partner’s power, which could cause the abusive partner to retaliate in very destructive ways.

Aside from this danger, there are many reasons why people stay in abusive relationships. Here are just a few of the common ones:

- **Fear:** A person may be afraid of what will happen if they decide to leave the relationship.
- **Believing Abuse is Normal:** A person may not know what a healthy relationship looks like, perhaps from growing up in an environment where abuse was common, and they may not recognize that their relationship is unhealthy.

Read More: thehotline.org



We love volunteers!

Please help and call Hyde County Hotline at 252-925-2502.

Thank **you to the family Violence
Prevention Services** Program
US DHHS, and NC Council for Women
for financial support.



OUR MISSION:

The purpose of Hyde County Hotline, Inc. is to work to eliminate domestic abuse and sexual victimization and provide safe shelter in Hyde County, North Carolina through the collaborative efforts of a compassionate community. We promote dignity, respect and safety at home resulting in safer communities.

**HYDE COUNTY HOTLINE
24 HOUR CRISIS LINE
252-925-2500**

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